

Care for Caregivers

Dysregulated staff cannot look after
dysregulated children.
We can help **change** that.



What is Care for Caregivers?

Our Care for Caregivers service consists of monthly one to one sessions offered to those providing therapeutic care to children and young people. It focuses on the well-being and development of the staff providing care.

Care for Caregivers ensures that staff are emotionally regulated and receive support for any traumatic incident that they experience. The service provides additional support for staff to enable them to process any difficult situations in order for them to remain emotionally available to the young people they care for.

What is the purpose of Care for Caregivers?

The purpose of providing employees with individual access to psychotherapeutic supervision is to ensure that all staff remain emotionally regulated and to enable emotionally regulated responses to the children in their care.



What are the benefits of Care for Caregivers?

- ✓ Regulates staff
- ✓ Improves staff wellbeing
- ✓ Reduces staff turnover
- ✓ Lowers recruitment costs

The cost of recruitment has largely increased over the past couple of years. **Dysregulated staff** will not only contribute to the children, but also the morale and high staff turnover leading to higher recruitment costs.

Care for Caregivers can help reduce these costs and lower staff turnover.

Case Study:



We have been providing the staff at Life Change Care Limited with Care for Caregivers for the past couple of years.

As a result of Care for Caregivers, they have seen an improvement in staff retention and a reduction in recruitment costs.

But don't just take it from us...

In 2020, Life Change Care Limited had an annual staff turnover rate of 108%



In 2021, Life Change Care Limited had an annual staff turnover rate of 31.7%



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I have worked in care since 2015 and have only received care for caregivers supervisions since being with this company. I feel that all care workers should receive this type of support as it has help me a lot recently.

EMPLOYEE FROM LIFE CHANGE CARE LIMITED



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Care for caregivers supervisions are new to me and after working in the sector for a long time they are something I feel should be available to anyone working in this role. I find them beneficial.

EMPLOYEE FROM LIFE CHANGE CARE LIMITED



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Care for caregivers supervisions help me understand and explore my role at work, and has helped by more understanding and insightful into the needs of the families we work with.

CARE FOR CAREGIVER SUPERVISOR



Want to know more about how we can offer our Care for Caregivers services to your team?

Visit: www.jsapsychotherapy.com

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